GENERAL RECOMMENDATIONS FOR EXCLUSIONS OF STUDENTS FROM SCHOOL FOR ILLNESS

The following is adapted from the 2018 Red Book Online, American Academy of Pediatrics, Point of Care Solutions. These recommendations are to be used by the school nurse for guidance when determining whether to exclude a student from school for an illness.

Students need not be excluded from school except for the following illnesses:

SYMPTOMS	MANAGEMENT
Illness preventing participation in	Exclusion until illness resolves and able to participate in
activities, as determined by child	activities
care staff	
Illness that requires a need for care	Exclusion or placement in care environment where
that is greater than staff can	appropriate care can be provided, without compromising
provide without compromising	care of others
health and safety of others	
Severe illness suggested by fever	Medical evaluation and exclusion until symptoms have
with behavior changes, lethargy,	resolved
irritability, persistent crying,	
difficulty breathing, progressive	
rash with above symptoms	
Persistent abdominal pain (2 hours	Medical evaluation and exclusion until symptoms have
or more) or intermittent abdominal	resolved
pain associated with fever,	
dehydration, or other systemic	
signs and symptoms Vomiting 2 or more times in	Exclusion until symptoms have resolved, unless vomiting
preceding 24 hours	is determined to be caused by a noncommunicable
preceding 24 nours	condition and child is able to remain hydrated and
	participate in activities
Diarrhea if stool not contained in	Medical evaluation for stools with blood or 1 mucus;
diaper or if fecal accidents occur in	exclusion until stools are contained in the diaper or when
a child who is normally continent,	toilet-trained children no longer have accidents using the
if stool frequency exceeds 2 stools	toilet and when stool frequency becomes no more than 2
above normal for that child, or	stools above that child's normal frequency for the time the
stools contain blood or mucus	child is in the program, even if the stools remain loose
Oral lesions	Exclusion if unable to contain drool or if unable to
	participate because of other symptoms or until child or staff
	member is considered to be noninfectious (lesions smaller
	or resolved)
Skin lesions	Exclusion if lesions are weeping and cannot be covered
	with a waterproof dressing

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